

Cadet Personal Kit will include the following items:

- Please put your pillow and sleeping bag into a garbage bag; with tape on the outside and labeled with your first and last name.
- Duffle bags are encouraged rather than suitcases. There will be points where cadets will have to walk short distances through the bush with their gear, a suitcase may be difficult to maneuver. Cadets must be able to carry all their kit by themselves at one time - one person, one kit
- Cadets MUST bring their health cards!

Clothing:

- Jacket – appropriate for outdoor cold/wet weather
- 1 set of FTUs (tunic, t-shirt, pants, boots)
- Civilian pants (No Jeans)
- Civilian shirt
- 1 sweatshirt/hoody
- 5 pairs of non-cotton socks (socks need to be changed often)
- Undergarments (x 2 days)
- Warm sleepwear;

****Note:** cadets will arrive for the bus Friday in civilian clothes and travel back on Sunday in civilian clothes - FTUs will only be worn on Saturday**

Toiletries:

- Toothbrush and toothpaste;
- Any medication that must be taken on a daily/ hourly basis;
- Hairbrush/comb;
- Deodorant;
- Any other items the cadet requires

Other Items:

- Reusable Water Bottle
- Flashlight (With working batteries)
- Notebook and Pen/Pencil
- SMALL Pillow
- Sleeping Bag (appropriate for weather. Cadets will be sleeping in tents.)

PROHIBITED ITEMS:

• Cadets ARE NOT to bring electronic devices, jewelry, or other “attractive items” to the FTX. Staff and the squadron as a whole are not responsible for lost/stolen/broken items. Do not bring items such as pyrotechnics, weapons, food and drugs.

- Unless authorized by the CO or Trg O, utility tools, camping knives, and blades are prohibited.